



# Center for Jewish Programs

## NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1 Share Shabbat	2
3	<p><b>4</b> Beth El SMART</p> <hr/> <p>Shelanu Goes to the Fountain Diner</p> <hr/> <p>TIC Moving Forward Social Group</p> <hr/> <p>Parent Support Group (TIC)</p>	<p><b>5</b> You are Not Alone: Dementia Caregiver Group</p> <hr/>	<p><b>6</b> Holocaust Survivors SG</p> <hr/> <p>Spousal/ Partner Bereavement Support Group (WRT &amp; JCC-MW)</p> <hr/> <p>Club Wednesday (JCCH)</p> <hr/> <p>Chai House Writes Thanksgiving Cards for Seniors and Soldiers</p>	<p><b>7</b> WJCS Dementia Caregiver SG</p> <hr/> <p>Film &amp; Discussion (TST)</p> <hr/> <p>Talent Show &amp; Dinner at Taft (Shelanu &amp; Supper Club)</p> <hr/> <p>Jewish Mindfulness Meditation</p>	8	9
10	<p><b>11</b> Beth El SMART</p> <hr/> <p>Shelanu &amp; Supper Club Go Bowling</p>	<p><b>12</b> Holocaust Child-Survivor Support Group</p> <hr/> <p>Connecting with Others: A Chronic Illness SG</p> <hr/> <p>Current Events (TINW)</p> <hr/> <p>Bingo &amp; Dinner at Taft (Shelanu &amp; Supper Club)</p> <hr/> <p>General Caregiver Group (JCC- MW)</p>	<p><b>13</b> Spousal/ Partner Bereavement Support Group (WRT &amp; JCC-MW)</p>	<p><b>14</b> Current Events (CSI)</p> <hr/> <p>Holiday Crafts &amp; Dinner (Shelanu &amp; Supper Club- WJCS 845)</p> <hr/> <p>Jewish Mindfulness Meditation</p> <hr/> <p>Coffee &amp; Conversation Parent Group (JCC-MW)</p>	<p><b>15</b> Tiny Tasters: Feeding Toddlers &amp; Preschoolers</p>	16

<b>17</b> <b>Chai House Goes to an Afternoon of Music and Joy!</b>	<b>18</b> Beth El SMART Shelanu & Supper Club Thanksgiving Celebration (WJCS 845) Parent Support Group (TIC)	<b>19</b> Second-Generation Holocaust SG You are Not Alone: Dementia Caregiver Group	<b>20</b> Spousal/ Partner Bereavement Support Grp (JCC-MW) Film & Discussion (JCCH) Chai House Thanksgiving Feast	<b>21</b> WJCS Dementia Caregiver SG Shelanu & Supper Club Go for Greek food, ice cream & a walk General Caregiver Group (TST & Beth El NR) Jewish Mindfulness Meditation	<b>22</b> Share Shabbat	<b>23</b>
<b>24</b>	<b>25</b> Beth El SMART Shelanu Goes to the Movies TIC Moving Forward Social Group	<b>26</b> Shelanu & Supper Club Go to Applebee's & Games	<b>27</b>	<b>28</b> WJCS CLOSED 	<b>29</b> WJCS CLOSED 	<b>30</b>

## NOVEMBER 2024 EVENT DETAILS

**Beth El-NR SMART:** Mondays, November 4, 11, 18 & 25, 11:00 am – 12:15 pm

### **Chai House:**

- Wednesday, November 6, Writing Thanksgiving cards for seniors and soldiers, 4:30 - 6:30 pm
- Sunday, November 17, WJC Afternoon of Music and Joy!
- Wednesday, November 20, Thanksgiving Feast, 3:30 - 6:30 pm

**Club Wednesday (JCCH):** Wednesday, November 6, 11:00 am – 12:15 pm

**Coffee and Conversation:** A Parent Group (JCC-MW)

**Connecting with Others: Chronic Illness Support Group**—Tuesday, November 12, 2:00 – 3:00 pm. Please contact Jane Slevin for more information at [jslevin@wjsc.com](mailto:jslevin@wjsc.com).

### **Current Events:**

- Tuesday, November 12, 10:30 am – 12:00 pm (TINW)
- Thursday, November 14, 11:00 am – 12:30 pm (CSI)

### **Film & Discussion Group:**

- Thursday, November 7, 12:45 pm - 3:30 pm at TST
- Wednesday, November 20, 2:00 – 4:30 pm at JCCH

### **General Caregiver Groups:**

- Tuesday, November 12, 9:30 – 10:45 am (JCC-MW) Please contact [bernsteind@jccmw.org](mailto:bernsteind@jccmw.org) or Sarah Lieberman at [slieberman@wjcs.com](mailto:slieberman@wjcs.com) for more information.
- Thursday, November 21, 4:00-5:00 pm (TST-members)
- Thursday, November 21, 7:00 – 9:00 pm (Beth El-members)

### **Holocaust Survivor Support Groups:** [Please email Halina Rosenkranz at [HRosenkranz@wjcs.com](mailto:HRosenkranz@wjcs.com) to join.]

- Holocaust Survivor Group, Wednesday, November 6, 2:30-4:00 pm
- Holocaust Child-Survivor Group, Tuesday, November 12, 4:00-5:30 pm
- Holocaust Second Generation Group, Tuesday, November 19, 7:00-9:00 pm

### **Jewish Mindfulness Meditation Group:** Thursdays, November 7, 14 & 21, 9:30 – 10:45 am. For details, please email [sdavi@wjcs.com](mailto:sdavi@wjcs.com).

### **Moving Forward Senior Group (TIC):** Mondays, November 4 & 25, 1:00-2:00 pm

### **Parent Support Group (TIC):** Mondays, November 4 and 18, 8:00-9:15 pm

### **Share Shabbat:** Fridays, November 1 and 22

### **Shelanu**

- Monday, November 4, Fountain Diner, 6:00 – 7:30 pm
- Thursday, November 7, Talent Show & Dinner at Taft, 6:00 - 8:00 pm,
- Monday, November 11, Bowling, 6:00 – 8:30 pm
- Tuesday, November 12, Bingo & Dinner at Taft, 6:00 – 8:00 pm
- Thursday, November 14, Holiday Crafts & Dinner at WJCS-845, 6:00 – 8:00 pm
- Monday, November 18, Thanksgiving Celebration, at WJCS-845, 6:00 – 8:00 pm
- Thursday, November 21, Greek food, ice cream & a walk, 6:00 – 8:00 pm
- Monday, November 25, Shelanu Goes to the Movies, 6:00 pm - End
- Tuesday, November 26, Applebee's & Games, 6:00 – 8:00 pm

### **Spouse/Partner Bereavement Group:**

- Wednesdays, November 6 & 13, 11:30 am – 12:30 pm (WRT)
- Wednesdays, November 6, 13 & 20, 4:00 pm – 5:30 pm (WRT)

### **Supper Club**

- Thursday, November 7, Talent Show & Dinner at Taft, 6:00 - 8:00 pm,
- Monday, November 11, Bowling, 6:00 – 8:30 pm
- Tuesday, November 12, Bingo & Dinner at Taft, 6:00 – 8:00 pm
- Thursday, November 14, Holiday Crafts & Dinner at WJCS-845, 6:00 – 8:00 pm
- Monday, November 18, Thanksgiving Celebration, at WJCS-845, 6:00 – 8:00 pm
- Thursday, November 21, Greek food, ice cream & a walk, 6:00 – 8:00 pm
- Tuesday, November 26, Applebee's & Games, 6:00 – 8:00 pm

### **TIC Moving Forward Senior Group:** Mondays, November 4 & 25, 1:00 – 2:00 pm

### **Tiny Tasters: Feeding Toddlers and Preschoolers:** Friday, November 15, 9:30 am

**WJCS Dementia Caregiver Support Group** – Thursdays, from 12:00-1:15 pm. September 5, 19, October 10, 24, November 7, 21, December 5, 19, 2024 and January 2 and 16, 2025. Fee: \$200 for the series of 10 sessions. Please contact Sarah Lieberman at [slieberman@wjcs.com](mailto:slieberman@wjcs.com) for more information.

**You Are Not Alone: Dementia Caregiver Group** – Tuesdays, September 3, October 1, 8, 22, November 5, 19, December 3, 17 and January 7, 21 from 10:30 – 11:45 am. \$200 for series of 10 sessions. For more information or if interested, please email Jane Slevin at [jslevin@wjcs.com](mailto:jslevin@wjcs.com).